

SUNDAY RIDES

LONG RIDE

MILE

- 0 L on Rt. 115A.
- 0+ L on Rt. 2 W.
- 1 L on Rt. 116 SW.
- 14 L on Rt. 142 S.
- 19 Bethlehem. R on Rt. 302 W.
- 22 L on Rt. 18 S.
- 30 Long uphill on Rt. 18 S begins about here.
- 32 Echo Lake. (See note below). R onto bike path just before the road overpass at the top of the hill. Then L on bike path N.
- 34 Bike path ends. R onto Rt. 3 N.
- 44 Twin Mt. Straight ahead on Rt. 3 N.
- 46 R on Rt. 115 N.
- 52+ L on Rt. 115A N toward Jefferson & Jefferson Meadows.
- 56 Applebrook.

MEDIUM RIDE

First 19 miles are the same as on the LONG RIDE.

- 19 L on Rt. 302 E.
- 28 Twin Mt. L on Rt. 3 N.
- 30 R on Rt. 115 N.
- 36+ L on Rt. 115A N toward Jefferson & Jefferson Meadows.
- 40 Applebrook.

SHORT RIDE

First 10 miles are the same as on the LONG RIDE.

- 10 Whitefield. L on Rt 3 S.
- 16 L on Rt. 115 N.
- 22+ L on Rt. 115A N toward Jefferson & Jefferson Meadows.
- 26 Applebrook.

NOTE: LONG RIDE Echo Lake options: At top of Rt. 18 uphill, κ into parking lot to swim/picnic area. Approx. \$2 charge. Or via bike path S for about 1 mile, you can gain free access to the lake at the boat launch area on the south shore and/or you can buy food at the Cannon Mt. aerial tram in Franconia Notch. Then turn around and head N on the bike path, rejoining the route at Mile 32. About 3 added miles brings the day's total to about 59 miles.